

Multilateral Training to Improve Physical Literacy in Early Childhood in the Special Region of Yogyakarta

by Tri Hadi Karyono, Abdul Alim, Ch Fajar Sriwahyuniati, Risti Nurfadhila

ABSTRACT

This community service activity aims to provide information and introduction to sports and physical literacy from an early age through Multilateral Training consisting of several sports. The purpose of this activity for the service team is as a form of dedication to the Tri Dharma of Higher Education to the community as well as establishing collaboration with UNY Selabora while at the same time increasing physical literacy of UNY Selabora students.

This training activity works with Selabora UNY by involving UNY Selabora students as PPM participants. This activity was held at the Faculty of Sports Science, State University of Yoyakarta, Yogyakarta Special Region from March to July. The result of this service is an increase in physical literacy for participants and the publication of articles from this PPM activity.

Kata Kunci: *training, multilateral, physical literacy, early childhood*