

# INVENTORY OF TRADITIONAL FOOD IN SUPPORTING THE DEVELOPMENT OF CULINARY TOURISM IN SLEMAN REGENCY, YOGYAKARTA SPECIAL REGION

by Minta Harsana, Wika Rinawati, Afia Fauziah

## ABSTRACT

The traditional food inventory in Sleman Regency, Special Region of Yogyakarta is focused on traditional foods that can still be found in various culinary centres in the Sleman Regency area and aim to: Identify the potential of traditional food in Sleman Regency from the type of dish.

This study uses a descriptive research method with an analysis of the Miles and Huberman model. In the analysis, there are several stages, namely: data reduction, data display and conclusions drawing/verification. The research was conducted by conducting interviews, observations and documentation of the samples obtained by purposive snowball sampling from the population of this research, namely all traditional food markets and traditional food culinary centres in Sleman Regency, Special Region of Yogyakarta.

The results of this study: The identification of types of traditional food in Sleman Regency is categorized into 5 types of dishes. They are (1) main dishes, (2) side dishes, (3) snacks, (4) drinks and (5) side dishes. There were 212 traditional food products recorded from 31 traditional markets in Sleman Regency. The recorded traditional food products are then grouped into 5 types of food offerings with a distribution: 12 main dishes, 15 side dishes, 152 snacks and 8 drinks and 25 side dishes.

Kata Kunci: *Traditional Foods, Type of food, Sleman District*