STRENGTHENING FAMILY RESILIENCE IN CHILD CARE IN THE DIGITAL ERA

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ABSTRACT

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Family resilience develops by placing the family as a functional unit which becomes a source for family members to become resilient, but it cannot be avoided that family development cannot be separated from community development. The transformation of society in the information era is marked by advances in digital technology which has become a challenge for parents regarding parenting patterns in the family. The characteristics of children who grow up in a digital society desire more individual freedom and recognition in developing their potential, this is inversely proportional to the characteristics of Javanese cultural philosophy. This research aims to 1) discover the problems faced by families in parenting patterns in the digital era, 2) discover patterns of family parenting strategies in building family resilience in the digital era and 3) discover patterns of family resilience in parenting children in the digital era.

This research uses a qualitative research method of phenomenological study. The subjects in the research were determined through purposive sampling, namely 5 families in the city of Yogyakarta who were determined according to their characteristics. Research data collection uses in-depth interviews and observations, while data analysis uses Interpretative Phenomenological Analysis.

The results of this research are as follows: 1) the problems faced by families in raising children in the Digital Era, including a) interaction and communication between parents and children is less intense, b) relationships between parents and children are less open, c) children quickly follow trends on social media. 2) Childcare strategies for families in the digital era through a) parents as role models by providing examples in increasing spirituality and positive habits, b) parents need to have responsive digital skills. 3) Family resilience patterns in raising children in the digital era that need to be built by a) Building humanist dialogue, mutual respect for each other, listening and responding to each other, making them comfortable, not stressed and afraid in the process, so this is a process that can be developed in families in the digital era.

Kata Kunci: *Key words: strengthening resilience, family, childcare, digital era*