

TEST AND MEASUREMENT TRAINING FOR HEALTH, PHYSICAL AND SPORT EDUCATION FOR ELEMENTARY SCHOOL TEACHER IN SLEMAN

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ABSTRACT

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The assessment or more popularly known as evaluation is one of vital components in the organization of education. Efforts to improve the quality of education include health, physical and sport education, one of which can be pursued through improving the quality of learning and assessment system. Test and measurement is inseparable in the learning of physical education of sports and health in schools.

The methods that are done in this PPM activity are: Teaching the theoretical material through lecture, question and answer method, and discussion. The training materials consist of: introduction of test theory and measurement for evaluation of physical education and health, relationship between test, measurement, and evaluation, test principles, measurement, and evaluation of health, physical and sport education, the purpose of measuring health, physical and sport education , as well as tests and measurements of biomotor components of physical fitness. Practical materials consist of: the practice of introducing measurement test kits for the evaluation of health, physical and sport education, and simulating the measurement of physical fitness biomotor components in the laboratory / field.

Overall implementation of PPM Application of Science and Technology in Sport training participants can receive test and measurement training material for evaluation of health, physical and sport education with enthusiasm and earnest, both theory and practice. From 25 elementary school teachers targeted for this activity, all 25 participants attended from the beginning to the end of the training. Implementation of test and measurement training for evaluation of health, physical and sport education for elementary teachers In Sleman District succeeded both in quantity and quality. This can be demonstrated by the commitment of the trainee from the beginning to the end in following the theoretical and practical material to the end.

Kata Kunci: *Test, Measurement, Evaluation, health, physical and sport education teacher.*