

BASIC COUNSELING SKILLS TO INCREASE INTEREST IN LEARNING ONLINE OF STUDENTS FOR HIGH SCHOOL GUIDANCE AND COUNSELING TEACHERS IN YOGYAKARTA

by Diana Septi Purnama, Budi Astuti, Mitta Kurniasari

ABSTRACT

This skill improvement aims to provide insight, experience and assistance to high school guidance and counseling teachers in order to improve skills in providing counseling services with students' online learning interest problems. This activity was carried out using the lecture method, question and answer, assignment, discussion, and simulation. The target audience in this training are 31 high school BK teachers in the Special Region of Yogyakarta (DIY). The training materials include understanding the concept of basic counseling skills as well as exploring student cases related to online learning interests. The results of the training showed that there was an increase in skills in analyzing problems, especially in determining the diagnosis and prognosis of high school guidance and counseling teachers in DIY. The improvement of skills in determining diagnosis and prognosis with the rational emotive behavior therapy approach is known from the average pre-test score of 31 in the medium category and the post-test average score of 39 in the high category. The percentage of pre-test is 44% and post-test is 56%. The increase in pre-test and post-test scores reached 8 points (12%). Thus, it can be concluded that the training of basic counseling skills in analyzing problems, especially in determining the diagnosis and prognosis, especially the problem of online learning interest, has achieved the targeted results.

Kata Kunci: *basic counseling skills, online learning problems, BK teachers*