

# **Development of Generic Life Skills for Mentally Disabled High School Students in Yogyakarta through Life Skills Training for Students with Special Needs**

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## ABSTRACT

### abstract

This research is a descriptive quantitative study to describe the development of Generic Life Skills for High School Intellectual Disabilities students by implementing a life skill training program for students with special needs as a post-school transition program for high school students in Yogyakarta. The sample in this study amounted to 23 high school students. The method used is a survey with an armature as a data collection instrument. The results of this study are as follows. Firstly, life skills training is advantageous and needed by high school students who are preparing to develop their personalities, including in the world of work. Second, after the students participated in this training, changes occurred, including the development of confident and responsible skills and the result of communication and cooperation.

Kata Kunci: *Generic Life Skills, Students with Special Needs, Transition Program*