

Training on Implementation of Physical Education, Sports and Health Assessment Rubrics for Elementary School Physical Education Teachers, Berbah District, Sleman Regency

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ABSTRACT

The aim of the Community Service (PKM) Sports Sector Group is to increase knowledge and implementation of the Assessment Rubric. In this way, it is hoped that this training will enable elementary physical education teachers to implement the knowledge and understanding of preparing assessment rubrics. It is hoped that the knowledge and understanding obtained can be used to assess student learning outcomes so that physical education assessments are carried out accurately and objectively.

There are three methods applied to carry out PKM activities in the field of Sports Skills in an engaging manner, namely: (1) lecture method, (2) question and answer method, and (3) assignment method (recitation). Providing theoretical material through lecture, question and answer and discussion methods. Tori's training material consists of: introduction to the theory of testing and measurement for physical education evaluation, the relationship between testing, measurement and evaluation, principles of physical education testing, measurement and evaluation, the purpose of assessing student learning outcomes, preparation of physical education assessment rubrics , characteristics and types of rubric assessment, as well as rubric-based assessment criteria. Methods for giving assignments include: practice of preparing assessment rubrics along with assessment criteria and presentations on the development of assessment rubrics in accordance with the subject matter contained in the SD Physical Education Subject Curriculum.

The results of the PKM show that the training was carried out offline. It turns out that the level of enthusiasm of elementary school physical education teachers in Berbah District, Sleman Regency in participating in this PkM is very high. This can be proven that the training participants show a high level of discipline, seriousness, responsibility and commitment. Likewise, based on the results of the PkM Team's observations, while participating in theoretical and practical activities in compiling Curriculum-based assessment rubrics, the elementary physical and physical education teachers carried out them seriously, with discipline and with high enthusiasm. Thus, it can be concluded that the training on Preparing Curriculum-Based Assessment Rubrics for Physical Education, Sports and Health Teachers in Primary Schools in Berbah District, Sleman Regency, the substance of the activity material consisting of theory and practice, was successful without any significant obstacles.

Kata Kunci: *Assessment, Rubrics*