

Stubs of extracurricular softball in SMA N 1 Sewon

by Agus Susworo Dwi Marhaendro, Suhadi, Amat Komari, Nur Cholis Majid

ABSTRACT

The purpose of DLK was educated to physical education, sport and health teachers and students at Elementary School (SD Muhammadiyah Gunungpring) about Baseball5 games. These games can then improve the material for small ball games and striking & fielding subjects in learning at school. The targets for implementing this DLK were 3 physical education, sport and health teachers and 47 (22 grade V and 25 grade VI) students at SD Muhammadiyah Gunungpring. Methods of activities carried out through lectures, discussions, and practices. Implementation through three stages; the first stage is deepening Baseball5 material for servants and students by inviting speakers from PERBASASI DIY, the second stage presents a mix of material by the service team and resource persons to physical education, sport and health teachers, while the third stage is Baseball5 as learning material by physical education, sport and health teachers in class accompanied by servants and students. Evaluation of the implementation of activities using observation and interviews in learning activities in class. The results of the DLK activities are as follows: (1) physical education, sport and health teachers get satisfaction, according to needs, enthusiastic and participants understand about baseball5, (2) students have throwing and catching skills that are not yet suitable for Baseball5, but can played with the addition of players. So it can be concluded that this DLK exercise can equip physical education, sport and health teachers about the game of Baseball5, so that it can be used as an alternative material for small ball games in class teaching.

Kata Kunci: *extracurricular, softball, highschool*