

# THE TRAINING OF PERSONAL AND SOCIAL SKILL FOR STUDENTS OF UNIVERSITAS NEGERI YOGYAKARTA AND PUNJABI PATIALA UNIVERSITY INDIA

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## ABSTRACT

This community service activity aims to motivate students to increase their understanding of personal skills and social skills, increase their understanding and technical practical ability about personal skills and social skills which include: ( 1) Motivating (building the will) to increase the understanding and personal skills and social skills of students of history study programs at UNY Indonesia and PUP India have a positive impact on improving life skills student, (2) students can take advantage of increasing personal skills and social skills, (3) increasing the role of students in their efforts to continue to add insight into personal skills and social skills as supporting aspects of life skills student. The target of this activity is history study program students at UNY Indonesia and PUP India who have the willingness and ability to be trained person al skills and social skills. The selection and targeting of this training has strategic-rational considerations, efforts to increase student understanding of personal skills and social skills and take 25 students for UNY dan 15 students PUP India, the training will be held in 2 days or a minimum of 16 hours of meetings.

Activities in these training methods Lecture, Discussion, FAQ and Simulation and done Mode Online (Online)due in Covid-19 situation for maintaining health and the spread of the virus. Evaluation of activities is carried out during the process and at the end of the training, in the aspect of achieving training objectives and also in conducting training. Evaluation of the process and results (achievement of training objectives) was carried out by means of a questionnaire. Evaluation of the aspects of the training was also carried out by providing a questionnaire. Success in implementing training for personal skills and social skills There are 2 methods of students of history study program at UNY Indonesia and PUP India, namely: (1) evaluation during the training process, and (2) post-training evaluation.

Kata Kunci: *Training, personal skills, social skills, students*