

Rhythmic Gymnastics Socialization and Competition for Beginners in DIY

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ABSTRACT

This community service activity aims to provide information and introduction to sports from an early age, especially rhythmic gymnastics through socialization of rhythmic gymnastics and to facilitate and capture superior seeds of rhythmic gymnastics through gymnastics competitions held in the Special Region of Yogyakarta. The purpose of this activity for the service team is as a form of dedication of the Tri Darma Perguruan Tinggi to the community and to collaborate with various parties in order to introduce the rhythmic gymnastics to the community.

The socialization activities and rhythmic gymnastics competition were attended by physical education teachers and rhythmic gymnastics beginner athletes in the Special Region of Yogyakarta. This activity was carried out at the Faculty of Sport Sciences, Yogyakarta State University, Yogyakarta Special Region.

The result of this service is the delivery of information and introduction to sports from an early age, especially rhythmic gymnastics and the netting of superior seeds for rhythmic gymnastics athletes in the Special Region of Yogyakarta. With the implementation of socialization and rhythmic gymnastics competitions for beginners in DIY, Physical Education Teachers get additional references on learning rhythmic gymnastics and attract students who have talents in the field of rhythmic gymnastics. This also has a positive impact on the children who take part in the competition. These positive impacts include getting to know rhythmic gymnastics, increasing self-confidence to appear in gymnastic competitions, and having fun activities.

Kata Kunci: Socialization, Competition, Rhythmic Gymnastics, Beginners