

# RECOGNITION INSTRUCTIONAL MODEL OF PLAYING PHYSICAL EDUCATION TEACHER IN ELEMENTARY SCHOOL ALL OF SPECIAL REGION OF YOGYAKARTA AND SURROUNDING

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## ABSTRACT

*Interest Community Services Application of Sports Science and Technology is introducing the instructional model of playing that has been developed and proven reliability to a teacher of physical education elementary school as a solution to increase the enthusiasm of the students to follow the lessons physical education. Community Service's activities comes from the fact that the enthusiasm of learners in low physical education follow the lessons that have implications for the lack of physical fitness. The method used to carry out Community Services Application of Sports Science there are three, namely: (1) lectures, (2) methods of training prepared (drill), and (3) the method of administration tasks (recitation). With the lecture method, trainees were provided with a variety of theories, namely physical education for elementary school, playing for elementary school, physical fitness to elementary school and elementary school instructional models of playing for the lower classes. Once the participants are given with these theories, they were given intensive training to practice one material that has been collated them in small groups. Recitation method is used to provide a motion task to the participants to make a game that is ready to put into practice in where they teach or in elementary school respectively. The instrument used to evaluate adherence to Community Services Application of Sports Science of sport are in the form of observations (observation). Observations made during this Community Services activities take place both in the field and in the classroom, and in each school. Community Services results showed that elementary school physical education teacher enthusiasm in following Community Services activity is very high, even though the quantity does not meet the expected target. Of the 60 participants are expected to come, only 50 people who finally comes to follow the activities of this Community Services. Regardless of the number of participants is not to meet the targets, they remain seriously consider Community Services Team explanation at the time of presentation and active motion tasks given by Team Community Services, both on-site training as well as in their respective schools.*

Kata Kunci: *instructional model of playing, physical education, elementary school*