

Adaptation of Value in Action Inventory of Strengths-Revise Edition (VIA-IS-R) in Indonesia context

by Agus Triyanto, M.Pd. dan Nanang Erma Gunawan, M.Ed.

ABSTRACT

This research aims to adapt Value in Action Inventory of Strengths-Revised Edition (VIA-IS-R) into Indonesian language and culture. Accurate assessment on character strengths among Indonesian is ultimate for better psychological wellbeing reasons. The former mental health paradigm which dominantly focused on pathological sides of human needs complementing holistic perspectives. Although the concept of positive psychology has been long renowned since Martin Seligman speech as the American Psychological Association, the VIA-IS-R instrument has not been adapted into Indonesian context. This research has been conducted based on instrument adaptation procedure approved by the VIA Institute. The adaptation started with translation into Bahasa Indonesia by two translators who do and do not recognize the VIA-IS-R. Harmonization and retranslate into English processes follow the two translations steps. Results show that the instrument adaptation has several words adjustment in terms of its context in the Bahasa Indonesia. The adaptation primarily for English words that have different various meaning in Bahasa Indonesia. In addition, the reliability of the instrument is discussed.

Kata Kunci: Value in Action Inventory of Strengths, Positive Psychology Media, Mental Health, Counseling, Indonesia