

# **STRENGTHENING THE PERSONAL RESILIENCE OF SCHOOL AGE CHILDREN IN THE MARGINAL AREA OF YOGYAKARTA CITY**

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## **ABSTRACT**

The Regional Development Community Service (PkM) Program (SDGs) aims to strengthen the personal resilience of school-age children in marginal areas of Yogyakarta City. This PKM is urgent to be carried out based on the phenomenon of inequality in access to education which is one of the important issues in the Sustainable Development Goals (SDGs). Yogyakarta as a city of education and a city of students is still overshadowed by the phenomenon of educational disparities, both in terms of access and quality of education. The problem of educational inequality can be sourced from economic and social inequality in society. The impact of inequality causes the adaptability is not optimal. By strengthening resilience, it is expected to increase adaptability, the ability to face problems more positively and have a healthier and more productive life. Partners in this PKM are the Yogyakarta City Youth and Sports Education Office and marginalized communities who are members of the Bong Suwung Jlagran Gedongtengen Yogyakarta Association. This PKM focuses on the main problems faced by partner institutions, in the form of gaps in access to education as a result of the risk of stigmatization due to being in a localization area that causes insecurity for school-age children living there. The solutions offered are in the form of psycho-social interventions to strengthen the personal resilience of school-age children through training, family-based advocacy, and community assistance. This PKM has a main focus area to encourage efforts to develop well-being, mental health, and peace of school-age children in marginal areas by utilizing digital technology based on research results. This PkM is based on research that has been carried out by the PkM Team in 2019-2020 and produces a model "Developing School Resilience to Reduce Bullying in Schools Based on Social Capital". This training, advocacy, and community assistance aims to strengthen the personal resilience of school-age children in marginalized areas using guidebooks, animated stories, and animated videos adapted according to the social context. The main material in this PkM is Forming a Resilient and Character Personality which consists of: a) Towards a Resilience and Character Personality, b) Strengthening Self-Confidence, c) Building Effective and Empathic Communication, and d) Preparing Successful Future Skills. The training method uses: edu-games, role play, creative activities, and its implementation in a participatory manner involving families and communities.

Kata Kunci: *personal resilience, children, marginal areas*