

Short Course of Sport Injury Management in Sports Bulutangkise- Sleman.

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ABSTRACT

The sport of badminton is an individual sport, does not have a motion that allows the form of contact with the opponent's body directly, but still, if not addressed can be prone to injury there. Sports injuries that occur in sports athlete achievement in addition to disturbing health can also reduce the chance of these athletes to perform optimally. The paper reviews the characteristics of a sports injury that occurs, the cause of sports injury, type of injury and how the handling of a sports injury. The final goal of the treatment of sports injuries is to maximize the recovery process as well as the injury to minimize the risk of re-injury. Yogyakarta State University (UNY Nikken) is one of the universities in Yogyakarta (DIY) having the Faculty of Sport Sciences and development. FIK UNY role against the development of sports in general and Sleman DIY particularly on participation in public health programs in order to achieve prosperity through the medium of a fit condition is not in doubt. This role appears from the human resources available and the product of Nikken UNY to developing sport in the province in general and Sleman in particular as well as programs to support the quality of life for the better with the service, socialization and test measurements of the community in order to review the health condition and fitness. Roles performed include the sports achievements, sports health and sports education. FIK UNY also a provider of complete sports infrastructure and facilities in the province. Facilities in the form of field and sports equipment owned by many international standards FIK UNY, both prestatif and clinical.

Kata Kunci: *short course, injury, management*