

Subjective Wellbeing Profile of Universitas Negeri Yogyakarta Students in 2022

by Mitta Kurniasari, Diana Septi Purnama, Budi Astuti

ABSTRACT

Subjective wellbeing is one of the variables that can describe how the level of individual life satisfaction. Individuals who have a high level of subjective well-being tend to feel happy and satisfied with their lives. This study aims to describe the subjective welfare profile of Yogyakarta State University students in 2022. The welfare profile description will be seen based on gender, class, and level. This research is a quantitative research with the type of survey research. The research population is all students of Yogyakarta State University. The research sample was determined using accidental random sampling and obtained as many as 202 students from various study programs and levels. Collecting data using a questionnaire and analyzed using quantitative descriptive techniques. The results of the study show a profile of the subjective welfare of Yogyakarta State University students in terms of gender, class and level. This research can be used as preliminary research for further research on subjective well-being of Yogyakarta State University students.

Kata Kunci: *subjective well-being, students, guidance and counseling*