

Pelatihan Manajemen Program Latihan Puslatda DIY menuju PON XX

by Iismadiana, Ria Lumintuarso, Agung Nugroho

ABSTRACT

Sports training to achieve achievement is not just doing sports but is a complex process, methodology, and takes time. To obtain successful achievement, a process of practicing and training sports that involves coaches, athletes, and other supporting elements is needed. Realizing and understanding this, it is necessary to conduct training on the management of the DIY Puslatda training program towards PON XX so that trainers can equip themselves with the knowledge and technology needed in the training process.

The participants of this training are trainers of the puslatda totaling 30 trainers which will be held on 2-3 July 2021 offline. This training program management training is a training process whose results cannot be seen immediately. This activity can be said to be successful, if after this activity the participants can apply in managing the training program, the service team provides assistance related to the activity program and sports training program. All planned training program management training materials can be presented according to the plan. Directly, participants were enthusiastic to ask questions related to the implementation of exercise management in sports.

Kata Kunci: *training, management, training program*