

# **DIGITAL LITERACY INDEX OF SPORTS AND HEALTH PHYSICAL EDUCATION TEACHERS (PJOK) IN YOGYAKARTA**

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## **ABSTRACT**

The aim of this research is to determine and analyze the Digital Literacy Index of Physical Education, Sports and Health Teachers (PJOK) in Yogyakarta.

This research uses a quantitative descriptive research design with a one shot case study approach. Arikunto (2017: 3) states that descriptive research is research that aims to describe circumstances, situations, events and so on. The data collection technique used in this research is by analyzing the digital literacy index of physical education, sports and health (PJOK) teachers in Yogyakarta using a questionnaire. The subjects used in this research consisted of 35 PJOK teachers. Data analysis techniques using descriptive statistics.

The research results showed that respondents were "Very Good" in functional skills and beyond and "Good" in the other seven aspects of digital literacy. Based on data analysis, it was concluded that the digital literacy skills of physical education, sports and health (PJOK) teachers in Yogyakarta were in the "Good" category.

Kata Kunci: *digital literacy, PJOK learning, PJOK teachers*