

WORKSHOP ON THE BALEAN DADAS DANCE FROM CENTRAL KALIMANTAN FOR ARTS AND CULTURE TEACHERS FROM JUNIOR HIGH SCHOOLS ALL OVER BANYUMAS REGENCY

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ABSTRACT

This event of Competitive Scheme-Based Community Service offers an opportunity to arts and culture/dance teachers from junior high schools all over Banyumas Regency in an attempt to improve teachers' competencies in arts instruction, encourage appreciation towards dances which are part of the Indonesian culture, and conduct socialization on arts education at junior high school, especially relating to the performing arts/dance. The event itself consisted of a workshop on the *Balean Dadas* dance, which focused on the traditional dance of the Dayak people from Central Kalimantan.

The workshop was held for one month, i.e. from 23 Augustus to 23 September 2017, at State Junior High School 5 Purwokerto in Banyumas Regency. There were a total of forty-seven participants, consisting of dance, music, PPKPn, history, and religion teachers. At the end of the event, there were performances from the participants followed by the *Balean Dadas* dance performance with the floor design created in groups, where there were a total of participants present divided into 7 groups. In this event, the following methods were employed, namely demonstration and dance techniques for the traditional dance from Central Kalimantan; imitation intended to practice mastery of the *Balean Dadas* dance and the beat of the music; demonstration of make-up and costume for the dance; practices of the dance techniques; and formation of groups by making the floor design. As the outcome of this Competitive Community Service, the participants acquire abilities/skills in the form of the dance techniques for the *Balean Dadas* dance from Central Kalimantan as shown in the dance performance at the end of the event presented by the seven groups of participants. Of the whole arts and culture teachers of junior high schools across Banyumas Regency participating in the event, 85% of them can perform the *Balean Dadas* dance both individually and in the implementation of the floor design of their respective group. Moreover, they can wear and modify their dance costume individually. Their performance was documented and distributed to all the participants to be used as learning media especially for the instruction of traditional dances at their own school.

Kata Kunci: *workshop on dance, Balean Dadas dance*