

TEACHER RESILIENCE TRAINING IN STRENGTHENING CHARACTERS TO REDUCE BULLYING FOR TK TEACHERS OF SE-SLEMAN DISTRICT YOGYAKARTA

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ABSTRACT

PPM activities include, first, kindergarten teachers in Sleman district generally have various motivations as educators. Most of the teachers do not understand what personal resilience and school resilience are. Only a few teachers began to understand resilience because at first they did not understand what resilience was, but after being given an explanation and a workshop, they increasingly understood that they were actually resilient but did not know that in theory it was called resilience. The teacher has already understood knowledge about resilience, although it is not optimal. The use of resilience has not been fully understood by kindergarten teachers in Sleman district.

The introduction and strengthening of resilience for character education in the era of the industrial revolution 4.0 and to reduce bullying is needed for kindergarten teachers in Sleman district. Strengthening the resilience of kindergarten teachers is very important so that teachers can better understand how to instill character in the era of the industrial revolution 4.0 so that it can be transmitted to their students in schools. An "action plan" needs to be carried out in the training process so that teachers can make plans for improvement and development of strengthening understanding of teacher resilience so that it is applied in schools in disaster mitigation education in a realistic, specific, measurable and time-limited manner. Program evaluation can be carried out by schools in assessing the achievement of targets from the design of strengthening teacher resilience for character education. With the "action plan" it is hoped that it can overcome and reduce the problems faced by kindergarten teachers in Sleman district in implementing resilience for character education in the era of the industrial revolution 4.0.

The results above are in line with Sudaryono (2007) which states that teachers can play a very strategic role in teaching and learning activities. Therefore, the analysis of the resilience of teachers and staff in schools is an important aspect, as an effort to obtain an overview as the first step in a psychosocial intervention program to support the success of school resilience.

Kata Kunci: Teacher Resilience, Strengthening Character, Bully