

ANALYSIS OF PHYSICAL EDUCATION SPORT AND HEALTH LESSONS PLAN MODELS (CONTAINING 21st CENTURY SKILLS, LITERACY AND CHARACTER EDUCATION) IN YOGYAKARTA SPECIAL REGION SCHOOL

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ABSTRACT

This research is motivated by the 2013 curriculum improvements, where the content of 21st century skills, literacy and character education are the focus that must be developed in physical education and sports (PJOK) learning. As a research in the second year, this research aims to explore / analyze the 21st century skills-based physical and sports physical education learning planning models, literacy and character education that have been prepared by the Physical Education Teacher in the DIY region. The design of this study is quantitative with survey methods. The survey was conducted to obtain data on orchestra Physical Education learning plans that include syllabi and lesson plans from each level of education. Analysis of the data used in this research is document analysis. Document analysis was carried out on the Syllabus and lesson plans obtained from PJOK teachers at several school levels in DIY using the coding sheet instrument to obtain both quantitative and qualitative data. The results showed that the school used for the sample of this study had designed learning according to what was mandated by the government which included 21st Century Learning with an average of 73.85 good categories, character education with an average of 73 good categories, Literacy with an average of 74.3 good categories and a scientific approach with an average of 56.9 medium categories.

Kata Kunci: Lesson Plan Models, Physical Education Learning, 21st century skills, literacy and character education