EFFORTS TO IMPROVE CHARACTER AND VOLLEYBALL GAME THROUGH PASS AB

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ABSTRACT

This research aims to analyze efforts to improve character and play volleyball through Pass AB. The method used is quasi-experimental. Data collection techniques using questionnaires. Data analysis using multiple regression. The results of the research are that partial character improvement is significantly related to AB, this is based on the results of the t test which shows the calculated t value is greater than the t table, namely (2.490 > 1.985) and at a significance level of 0.015. Partial improvement in Volleyball is related to pass AB, this is based on the results of the t test which shows the calculated t value is greater than the t table, namely (4.622 > 1.985) at a significance level of 0.000. This research aims to analyze efforts to improve the character and game of volleyball through Pass AB. The method used is quasi experiment. Data collection techniques using questionnaires. Data analysis using multiple regression. The results of the research are that partial character improvement is significantly related to AB, this is based on the results of the t test which shows the calculated t value is greater than the t table, namely (2.490 > 1.985) and at a significance level of 0.015. Partial improvement in Volleyball is related to pass AB, this is based on the results of the t test which shows the calculated t value is greater than the t table, namely (4.622 > 1.985) at a significance level of 0.000.

Kata Kunci: *Character Improvement, Volleyball Game, Pass AB*