

PARENTAL INVOLVEMENT IN PROVIDING AN EKSIS PROGRAM (SEXUAL HEALTH EDUCATION WITH DISABILITIES) FOR TEENAGERS WITH INTELLECTUAL DISABILITIES

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ABSTRACT

This research aims to explore the role of parents in sexual health education for adolescents with intellectual disabilities and identify in detail the needs of parents in collaborating with teachers to implement the program. This research is development research using the ADDIE (Analyze, Design, Development, Implementation, and Evaluation) framework. (Dick & Carry, 1996). In the first year, research will be carried out up to the development stage. The research began with an analysis stage to explore and analyze the need for developing a model of parental involvement in sexual health education for adolescents with intellectual disabilities. Based on the results of this analysis, they will then be integrated to prepare a guidebook.

Next, the design will be developed into a prototype and will be validated with relevant experts. In the first stage, data will be collected using a survey method with respondents from parents or guardians of children with intellectual disabilities in special schools in the Jogja city area. Children with intellectual disabilities included in this study were adolescents aged 12-18 years who fit the criteria for mild and moderate intellectual disabilities, whether they had other accompanying barriers or not. Data will be analyzed descriptively quantitatively with outcomes in the form of the role of parents in providing sexual education and the need for developing guidebooks for parents. Based on the results of this first stage, several key respondents will be selected who will become participants in the qualitative stage. Data collection at the qualitative stage was carried out using focus group discussions and analysis was carried out using content analysis techniques.

The results in research on parental involvement in providing an PROGRAM EKSIS (SEXUAL HEALTH EDUCATION WITH DISABILITIES) for Adolescents with Intellectual Disabilities are very important. Parents can find out whether their child has sexual problems or not. Parents are aware and understand the urgency of sexual education as a preventive measure in dealing with sexual problems for children with intellectual disabilities. A guide for parents is very necessary in which there are media, methods and media that are appropriate and applicable to use in providing sexual education for children with intellectual disabilities. Apart from that, parents actively play a role through FGD in preparing the content of the guidebook

Kata Kunci: *Parental Involvement, EKSIS Programs, Intellectual Disabilities*