

# **SWIMMING TRAINING FOR CHARACTER DEVELOPMENT OF ORPHANAGE AND ISLAMIC BOARDING SCHOOL STUDENTS FOR ORPHANS AND THE POOR OF GODEAN SLEMAN SAJADA HOUSE**

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## **ABSTRACT**

Aquatic activity in the form of swimming is one of the ancient sports that has gone through various kinds of functional evolution, from survival needs in the form of finding food sources in water to efforts to defend a territory with warfare. Today swimming is known as a popular sport for school students. In addition to being one of the learning materials, swimming is also one of the media for channeling positive energy for students to excel. Another positive impact of aquatic activities in the form of swimming is the growth and development of positive character for the culprit. Characters that can be developed through swimming activities include courage, confidence and focus.

For most children or the community, swimming in the right way through learning activities, joining clubs or even private training is not a problem, both in terms of access and cost. However, for some people who have limited access to costs, this will be a problem. As happened to children in orphanages or Islamic boarding schools. Children living in orphanages will be very attached to a wide variety of activities that are very likely to be limited. Similarly, children who are carrying out non-formal education in Islamic boarding schools.

It is a challenge for the Community Service Program team at the Faculty of Sports and Health Sciences to choose aquatic activities in the form of swimming where a good and correct training model can then be implemented in children with the scope of orphanages and Islamic boarding schools. With the hope that in addition to being able to provide psychological experience, the impact of physical exercise is expected to be able to support the growth and development of these children. In addition, the element of character as mentioned above is expected to be developed in students.

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