

# **ONLINE TRAINING OF PHYSICAL EDUCATION LEARNING PRACTICES FOR ELEMENTARY/JUNIOR HIGH SCHOOL TEACHERS IN KULON PROGO REGENCY AREA**

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## **ABSTRACT**

This service activity aims to provide knowledge and experience regarding online physical education learning for physical education teachers in SD/SMP/equivalent in the Kulonprogo Regency area. The target of this program is Physical Education teachers in the Kulonprogo Regency, totaling 35 people. The service is carried out using the theoretical method and continued with the practice of learning physical education online. This training is based on the competencies required in teaching physical education. Based on the service that has been carried out, it can be concluded that 1) the competence of teachers in online physical education learning can be seen from the tools collected by the training participants are online/online based, 2) online physical education learning training using online-based learning tools can support teachers to be able to develop theoretical and practical learning tools in physical education learning in accordance with basic competencies. So far, the material about Physical Education is given with boring material, after the training the teacher is more creative in providing material in the Physical Education learning process. This activity received a positive response from the trainee teachers.

*Kata Kunci: Training, Online Learning, PJOK Learning*