

Identification, Prevention and Care of Student Injury FIK UNY In the Invasion Games In Teaching Year 2017-2018

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ABSTRACT

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Based on the results of observations on the ground are still frequent injuries in the implementation of the game invasion. Prevention, care and treatment of injuries that were done was still only for what it is. The purpose of this study was to identify and identify any possible injury to FIK UNY students in the game of invasion. In addition, to identify what things can be done by students to do prevention, care and treatment of injury.

This research is a descriptive research using survey method with technique or instrument of data collection using combination between closed questionnaire and open questionnaire. Subjects in this study were PGSD Penjas students who were in the course of invasion game which amounted to 110 people. Data collection is done at the end of the semester. Data in this research are analyzed by using quantitative descriptive analysis in the form of percentage and qualitative analysis to narrative description of words in open questionnaire.

The results showed that, there were: 1) the injury suffered by the student during the invasion game, including: a) injury to the upper organ and head, b) injury to the large muscle, tendo and ligament, c) parts of the arms and shoulders, d) injury to the body, e) leg injury, f) injury to the internal organs. 2) factors causing injury is also caused by 2 things, namely a) internal factors and b) external factors. And 3) management of injury is done in 3 ways, which are: a) prevention of injury (preventive), b) first aid effort after injury, and c) curative injury treatment effort).

Kata Kunci: *Injury Prevention and Treatment, Invasion Game, Student*