

Prevention of Stunting in Toddlers through Urban Narrow Land Use with Eel Cultivation as a Source of Food

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ABSTRACT

Abstract

This PPM activity aims to understand the efforts that can be done to improve the knowledge of PKK mothers about stunting and prevention, knowing how to improve the knowledge of PKK mothers so that they are able to make efforts to optimize the narrow land in the yard for food sources (eel cultivation) and know how improve the knowledge of PKK mothers so that they are able to make efforts to optimize the narrow land in the yard of the house for food sources with eel cultivation.

The implementation of this PPM activity with lectures on stunting, eating patterns for prevention of stunting, utilization of narrow land with eel cultivation as a source of food, and making salted eggs and salted egg business tips, the practice of making media for eel cultivation, evaluation of understanding PKK mothers with pretest and posttest. This activity was attended by 20 people who were PKK mothers.

The results of the PPM activities showed that there was an increase in understanding of the PPM participants' material which can be seen from the results of the pretest and posttest. The benefit of PPM was assessed by participants with customer satisfaction instruments from LPPM UNY indicating that this PPM was very beneficial for the participants.

Kata Kunci: Keywords: stunting, toddlers, PKK mothers, utilization, cultivation, eel, food sources ? BA