

# **LONG-TERM GUIDANCE DEVELOPMENT MODEL OF NATIONAL TRAINING BADMINTON ATHLETES**

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## **ABSTRACT**

This study aims to develop a model of long-term development of national training badminton athletes. Aspects developed included : (a) The criteria for entry national training, (b) Physical parameters entered pelatnas, (c) Weighting physical parameters junior master, (d) Weighting national training athletes, (e) Criteria and the physical parameters of the national training athletes, and (f) information system of project scope.

The research objective to be achieved is to develop a model of long-term development of national training athletes badminton. To achieve these targets, the study was designed through research & development research in five phasing. In the early stages, this research was preceded by focus group discussions, in-depth interviews, non-participant observation and the aim was to obtain perceptions of coaches, administrators and national training athletes badminton on development patterns badminton athletes. The research subject was taken purposively namely: (1) The Board PBSI as supervisor; (2) Badminton coaches, and (3) Badminton athletes. Based on defined criteria, then the key informants in this study, are two of the managers of PBSI, two coaches and two athletes. The research instrument used questionnaires/ questionnaire, interview, observation and documentation field. Data analysis using descriptive statistics, t-test and analysis of variance. Badminton national training research sites in Cipayung.

*Kata Kunci: Long-Term Guidance, National Training, Badminton Athletes.*