

# **Pengembangan Model Instruksional Gerak Kinestetik bagi Anak Sekolah Dasar**

**by M. Hamid Anwar, Widiyanto, Awan Hariono, Herka Maya Jadmika**

## **ABSTRACT**

Children aged 6-12 years is in fact the primary school age. At this stage children begin the initiation stage of development and growth that has previously been completed in phases ie preschool aged 3-5 years. Here children are introduced to the range of motion that aims to underlying physical literacynya. The motion is scientifically referred to as a fundamental skill motors (FMS) which literally translates as basic motor movement skills. Teaching physical education as eye movement for elementary school students actually have not explicitly operationalize FMS material in the curriculum that was followed, in 2013 the curriculum and education unit level curriculum (KTSP). Therein lies the urgency of the need for instructional models that will be used in teaching physical education teachers for their students FMS. Research conducted by Jackie Goodway, motor learning expert from Ohio State University, has been constructing FMS for preschool (ages 3-5). The model is a starting point in order to develop instructional models that will be used for the next level, elementary school, which is in accordance with the character of Indonesian children. Competence in FMS is crucial in order to push the limits toxicity to normally come into contact with sports activities and physical activity. The primary endpoint of this study is to establish the motion kinesthetic instructional models for elementary school aged children. Design used is a research and development (research and development). In detail the stages to be passed as follows: (1) a preliminary study. At this stage dilakukan SKIP conformance test model for Preschooler; (2) the development stage; and (3) the determination of the final product. Results from this study is the arrangement of the book of motion kinesthetic instructional development model for primary school children aged 6 -12 years in accordance with the curriculum and the curriculum in 2013.

Kata Kunci: *Instruksional Models, kinesthetic Movement*