

SOCIALIZATION AND TRAINING OF MODIFICATION FOOTBALL GAME (FOUR GANGES) FOR JUNIOR HIGH SCHOOL TEACHERS SE BANTUL DISTRICT

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ABSTRACT

The implementation of formal and non-formal Physical Education, Sports and Health (PJOK) in order to improve quality human resources has been implemented by the Indonesian government. The success of PJOK learning is determined by several elements, namely: teachers, students, methods, facilities and infrastructure, curriculum, environment, media, and others. Learning PJOK in junior high schools needs to get serious attention from PJOK teachers and education observers. This is very important, because so far there are still many obstacles in learning. One of the obstacles is the inappropriate and limited facilities and infrastructure, so that students cannot learn optimally. So far, PJOK learning in SMP has been carried out using facilities and infrastructure that are not in accordance with the characteristics of students, as well as conventional learning models only. For learning purposes, PJOK teachers must be creative and innovative in developing it, one of which is by modifying both the facilities and infrastructure as well as the rules of the game.

The target is 50 teachers of PJOK SMP in Bantul Regency. The methods used are lectures, questions and answers, discussion, virtual demonstrations, task implementation, and field assistance. The material provided is the concept of modification, the concept of game modification, the concept of modification of physical education facilities, and modified football games (both theory and practice).

The results obtained were that the PJOK SMP teachers in Bantul Regency understood and were able to practice the game of modified football (four goals), and were able to make modifications for other games.

Kata Kunci: PJOK teacher, junior high school, modified football game