## TRAINNING OF TRAINNER (TOT) MODEL WORKOUT "KID TSU CHU FUTBOL GAMES"-BASED CHARACTER DEVELOPMENT RESPECT AND TEAM WORK

## by Sulistiyono dkk

## **ABSTRACT**

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## Abstract

Community service under the title Trainning Of Trainner (TOT) Model Workout "Kid Tsu Chu Futbol Games"-based character development Respect And Team Work aims to provide knowledge, comprehension skills, the school's coach Soccer practice about the model in the form of a modified game titled "Kid Tsu Chu Futbol Games". Model workout has the aim to improve, develop characters, in addition to engineering, physical skills, and tactics soccer school students. The main characters that will be developed are respect and team work. Dilkasanakan devotion activities with the education and training methods, theory and practice over the past two days supported media training, means-prsarana and a resource person competent in their jobs. The activities successfully implemented on 6-7 October 2018 in FIK UNY. The changes are expected to have been seen and succeed where the coaches SSB in the region of DIY that became participants experienced a change in knowledge, skills, and understanding of how to implement the right exercises, effective, and efficient with model workout "Kid Tsu Chu Futbol Games Based Character Building to develop the character of respect and team work. Character development is expected to be something that always go hand in hand with achievements (performance), and became the hallmark of football players, in the future.

Keywords: tsu chu, characters, soccer, respect and team work

Kata Kunci: tsu chu, characters, soccer, respect and team work