# INJURY PREVENTION AND TREATMENT TRAINING FOR INSTRUCTORS AND MANAGEMENT KAMPUNG WISATA AIR TITIK 0 CENTRAL JAVA 

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#### Abstract

Injury can happen to anyone, anywhere and anytime. Water tourism village point 0 , Central Java is a tourist spot that provides various games such as outbound, pentaque sports, archery, rafting, river tracing and many others. The potential for both participants and users to injury is high enough so that competence is needed for instructors and managers in planning activities for prevention and treatment of injuries. The PPM program by providing training on prevention and treatment of injuries for instructors and managers of water tourism village point 0 , Central Java, aims to provide knowledge and provisions to instructors and managers in preventing and taking first aid measures against injuries. After attending this training, instructors and managers are expected to have good competence regarding injury prevention and treatment. Injuries prevention and treatment training activities for instructors and managers of the water tourism village point 0 , Central Java, received high appreciation from the participants, marked by the enthusiasm and enthusiasm of the participants in following the activities given from the beginning to the end of the activity. Injury prevention and treatment training activities for instructors and managers of the water tourism village point 0, Central Java, were provided to provide additional knowledge and provisions for instructors and managers, especially in carrying out prevention and treatment of injuries. Instructors and managers are expected to have competence in terms of prevention and treatment of injuries so that in providing services to users, they can pay attention to the potential for injury and can provide first aid to injuries if they occur to users or activity participants at these tourist attractions.


Kata Kunci: injury prevention and treatment, kampung wisata air titik 0 Central Java

