SOCIALIZATION OF PROVIDING BASIC ATHLETIC TRAINING PREPARATION FOR TALENTED STUDENTS TOWARDS 02SN 2023

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ABSTRACT

The O2SN Championship is a student Olympics in order to improve student achievement in the fields of sports and physical health at all levels, starting from elementary school/Madrasah Ibtidaiyah (MI), SMP/Madrasah Tsanawiyah (MTs), SMA/Madrasah Aliyah (MA), vocational school, up to Special/Extraordinary Education (SDLB/SMPLB. O2SN is tiered starting from the District, Regency/City, Provincial and National levels. Due to this, there is a great need for both schools and sports teachers to find and develop quality athletes in various sports, one of which is athletics. The aim of this service is to find out effective learning models in Grade 7 Middle School athletic material to improve optimal learning outcomes. This implementation method The method used in implementing this socialization is based on pre-socialization input, material preparation process, output from The PkM that we created are tips for identifying talent in young athletes as well as basic training for each number in athletics, and the evaluation stage that we will carry out is the evaluation stage that will be carried out when our socialization has been completed. This evaluation stage contains reports on activities starting from the pre-socialization stage to the production stage over a certain period of time. We make this reporting stage and the profits obtained, so that accurate data is obtained as evaluation material. Meanwhile, the output targeted in this research is the IJRESS community service journal and additional output in the form of Implementation Arrangement IA. The activity participants were 30 PJOK SMP teachers throughout the city of Yogyakarta. The methods used are lectures, questions and answers, discussions, demonstrations, carrying out tasks, and mentoring in the field. The material provided is coaching for early childhood athletics. The results obtained were a significant increase in knowledge, skills and attitudes in developing athletes in early childhood athletics.

Kata Kunci: Physical education teacher, middle school, athletics