

# **MEDIA LITERATION: TRAINING OVERCOME CHILDREN ADDICTION TO GADJETS IN PARENTS OF DESA NGAMPEL, PAKEM SLEMAN**

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## **ABSTRACT**

At present, gadget has become commonplace for all people, even children in the countryside. Gadget addiction has an impact on children's health and social interaction, but not many parents realize this. Parents assume that gadget can be a media to play for children, so that it can ease the work of parents. In fact, the use of gadgets without parental supervision can have a negative impact on children, both children under two years of age, primary school age, even adolescents. Ngampel village, Hargobinangon village, Pakem Sleman is inhabited by parents who mostly work as laborers and peasants. However, a digital world without borders greatly allows the entry of technology and digital media into the village. Their children are also exposed to the development of technology, especially gadget. The impact of using gadget without assistance makes children become addicted, both on a light scale and on a heavy scale. Parents are an important figure in the process of reducing the addiction process in children. For this reason, devotion activities with the theme of media literacy specifically for parents are important to be held. This community service activity aims to provide information about the effects of addiction that will be experienced by children of various ages, both in medical and non-medical terms. The method used in this community service includes the method of lecturing, discussion, question and answer, accompanied by a simulation approach to addicted children. The goal is for parents to be aware of the dangers of using unhealthy gadget.

*Kata Kunci: Keywords: Media Literacy, Child Addiction, Gadget*