

TRAINING OF TRAINER DIVING DAERAH ISTIMEWA YOGYAKARTA

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ABSTRACT

This Community Service activity aims to increase insight and knowledge for swimming coaches, students and athletes in diving training in DIY as well as improving the skills of swimming coaches, students and athletes in diving training in DIY. The goal of the service team is to implement the Tri Darma of Higher Education in the form of community service and collaborate with various parties to provide diving coach training for swimming coaches in DIY. PkM activities are carried out for three days with one day of theoretical material and two days of practical material. The venue for the implementation is on the FIKK UNY Yogyakarta campus and swimming pool. The results of the implementation of this activity are as follows (1) The DIY diving trainer training activity went smoothly without experiencing significant obstacles; (2) The number of participants who took part in training to increase achievement motivation for female athletes at the DIY Water Polo PON Pelatda was 30 people; (3) All participants participated in the activity enthusiastically, both theoretical activities and practical activities carried out. The training is expected to increase the knowledge of swimming coaches, athletes and students about diving. This training can build the enthusiasm of coaches and athletes to take part in existing diving championships and become outstanding athletes who are proud of DIY

Kata Kunci: *Training, Trainer, Diving*