

# OPTIMALIZATION OF TAMAN OLAHRAGA MASYARAKAT (COMMUNITY PARK) OF FIK UNY BATCH II

by **Fitria Dwi Andriyani, Dapan, Ngatman**

## ABSTRACT

**Aims.** The aims of this community service program are: maximizing the TOM as a community park for physical activities for children and makes TOM as a clean, green, and interesting place so that the children and adults willing to play and do exercise at there. The target of this program are: (1) TOM environment by cleaning it, and (2) kindergarten teachers and students in DIY from 3 schools. **Methods.** The method of the program are: (1) cleaning the TOM area, (2) inviting the teachers and students, (3) developing games for the students which consists of coordination, speed, balance, accuracy, agility, and strength, (4) each team will get ribbon after finishing 1 post, (5) all teams will get souvenir. **Results.** This program held on Saturday, 20 August 2016. The cleaning program ran well. There were 12 kindergarten teachers and 126 students from 3 schools participated in this event. The number of committee was 14, consists of lecturers and college students. There were 5 posts in this program: (1) running and jumping, (2) jumping and hopping, (3) balancing, crawling, and throwing, (4) hopping and taking stick, and (5) running and moving the flag. The program could be finished smoothly and success because of the good cooperation and teamwork between the committee, faculty, university, teachers, students, and parents of the students.

Kata Kunci: *optimalization, community park, kindergarten students*