

# Identification of Student Problems in The Technical Implementing Unit of Guidance and Counseling Services, Yogyakarta State University (UPT LBK UNY)

by Budi Astuti, Diana Septi Purnama, Mitta Kurniasari

## ABSTRACT

*The number of student problems in higher education and the types of problems are increasingly complex. This study aims to identify student problems in the Technical Implementation Unit of Guidance and Counseling Services, Yogyakarta State University (UPT LBK UNY). Student problems are identified by a review based on (1) personal, social, study, and career problem areas, (2) description of the problem/type faced, and (3) gender, class, faculty/department. This research is quantitative research with a survey research type. The study population was all students of Yogyakarta State University. The research sample was taken as many as 313 students who did counseling during the past year at UPT LBK UNY. The sampling technique uses purposive. The data collection method was done using documentation and interview data—the data analysis technique used quantitative descriptive techniques. The study results were 1) The problem areas with the highest percentage experienced by the counselees at UPT LBK UNY were 141 students in the private sector with a percentage of 45.05%. Students' least problem areas were personal and career fields, namely, 0.96% experienced by two students. 2) The types of problems experienced by counselees at UPT LBK UNY were quite varied. Several counselees have problems in the personal, social, study, and career fields, namely anxiety disorders, depression, stress, suicidal thoughts, and sexual harassment trauma. Counselees also have conflicts with friends and people around them, learning difficulties, academic anxiety related to thesis, and career anxiety. 3) The most common problems experienced by male and female counselees are problems in the personal field, with a percentage of 61.22% for male counselees and 42.05% for female counselees. The batch that has attended the most counseling services is the 2019 batch who are new students. Counselee problems viewed from the faculty at Yogyakarta State University. show an even distribution of problems in the personal field. The problems experienced by educational staff and counselees who come from outside Yogyakarta State University. have almost the same tendency, namely having the highest percentage in the social field related to social interactions and conflicts with colleagues and the surrounding environment. This research is expected to provide input for related parties such as the Guidance and Counseling Study Program, the Technical Implementation Unit for Guidance and Counseling Services, and Yogyakarta State University.*

Kata Kunci: *student problems, guidance and counseling services*