

# Identification of Individual Counseling Capabilities Guidance and Counseling Teacher Special Region of Yogyakarta in 2018

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## ABSTRACT

This study aimed to determine the ability of teachers of guidance and counseling in the Special Region of Yogyakarta in carrying out individual counseling services. The abilities intended in this study are limited to cognitive abilities in the form of teacher's knowledge and understanding of guidance and counseling towards 1) basic counseling skills, 2) theory and person centered counseling techniques, 3) theory and behavioristic counseling techniques, 4) theory and rational emotive counseling techniques behavior, 5) theories and techniques of gestalt counseling, 6) and reality counseling theories and techniques. This research used a quantitative approach to the type of survey research. The subjects of the study were guidance and counseling teachers (BK teachers) in the Special Region of Yogyakarta consisting of BK BK / MTs, BK BK / SMA teachers, BK BK / SMK teachers. The research sample was chosen randomly using the proportionate cluster random sampling technique. The intended cluster is 1 city, Yogyakarta City, and 4 districts namely Bantul Regency, Kulon Progo Regency, Gunungkidul Regency, and Sleman Regency. Data were collected using an understanding test in the form of multiple choice questions with 5 alternative answers. Data were analyzed descriptively to see the profile of general abilities, and the ability of each aspect. In addition, an analysis will also be conducted on variables of educational background, age, work experience, origin of tertiary education, and training experience attended, as well as ownership of professional educator certificates in relation to their level of understanding of individual counseling.

The results showed that the level of basic counseling skills at the guidance and counseling teacher in DIY showed that 43 people (43%) were in the moderate category. The level of ability of the counseling approach to the guidance and counseling teacher in DIY shows that 41 people (44.09%) are in the moderate category. The level of basic skills and counseling approaches to the guidance and counseling teacher in DIY showed 52 people (55.91%) belonged to the medium category. Furthermore, based on demographic data shows the results that the level of basic skills and counseling approaches to the guidance and counseling teacher in DIY in terms of gender, educational background, school level where work, teaching experience, age and certification belong to the medium category.

Kata Kunci: *individual counseling, teacher guidance and counseling*