

DEVELOPMENT OF INDEPENDENT FOOTBALL TRAINING MEDIA IN DIRECTING BASIC PASSING TECHNIQUES ON BEGINNERS ATHLETE

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ABSTRACT

This research aims to develop IPTP Media (Independent Passing Technique Practice) in the sports branch of football to beginners.

This research is a research and development which is done by adapting the steps of development research as follows: (1) introduction study, (2) product making, (3) revision and expert validating, (4) product trials; small scale trials/ revision and big scale trials/ revision, and (6) final product. Small and big scale trials. The data collected technique used in this research is an instrument in the form of a research sheet. The analysis data technique used in this research is qualitative descriptive and quantitative descriptive.

The result of this research has been developing the IPTP Media in the sports branch of football to beginners. IPTP Media which has developed is feasible to be used as football practice media, this is based on expert judgment, which is media expert percentage is 88% included in the very feasible category and material experts percentage of 85% included in the very feasible category. Based on the small group trials, the percentage of 86% was included in the very feasible category and a large group trial of 88% was included in the very feasible category.

Kata Kunci: *Training, Football, Basic Passing Techniques, Beginners Athlete*