

SUCCESSFUL KINESTHETIC INSTRUCTION FOR PRESCHOOLERS (SKIP) PROGRAM TRAINING FOR PRIMARY SCHOOL TEACHERS IN SE-KECAMATAN DEPOK, SLEMAN DISTRICT

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ABSTRACT

Physical education teachers' conception of motion learning is still diverse, causing misinterpretation. The purpose of this PPM activity is to provide knowledge to SD PJOK teachers in Depok Sleman District about the importance of the meaning of movement for elementary school children, provide direct experience in practicing SKIP and provide new directions in learning physical education and sports in elementary schools.

The activity method uses theoretical and practical approaches. The theoretical approach includes material presentation, discussion and ends with an evaluation using the zoom application website seminar (webinar) for 2 days on 8-9 July 2020.

Practical approach with the SKIP model teaching practice (video tutorial) and independent assignments, on 10 July 2020.

Audience The target of this PPM activity is Primary School Physical Education and Health (PJOK) teachers in the PJOK Teacher Working Group organization in the Depok District, Sleman Regency, totaling 28 teachers.

Based on the implementation of PPM, the results mostly indicated an increase in knowledge, understanding of concepts and application of the SKIP model of teaching.

Kata Kunci: *training, SKIP, Elementary School*