

SOCIALIZATION OF CLEAN AND HEALTHY LIVING IN EFFORTS TO CONTROL THE SPREAD OF COVID-19 IN SAWANGAN VILLAGE, WONOLELO SUBDISTRICT, MAGELANG DISTRICT

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ABSTRACT

This PPM activity aims to: (1) increase public knowledge and understanding of Covid-19, (2) increase public knowledge and understanding of clean and healthy living, and (3) increase community knowledge and skills in practicing clean and healthy living habits in everyday life. The target audiences for the activity were cadres, religious leaders, community leaders, PKK, health workers, and cross-sector related with a target of 40 participants. The implementation of PPM activities uses lecture and practice methods. Lecture to explain knowledge about: (1) covid-19 (what is covid-19, what are the symptoms of covid-19, how is covid-19 transmitted, and what efforts can be made to prevent covid-19), (2) the concept of clean living and healthy (what is a clean and healthy life, what is the purpose of a clean and healthy life, and what are the benefits of a clean and healthy life in everyday life), and (3) the importance of a clean and healthy life in overcoming the spread of covid-19 (guidelines for clean living and health, the role of clean and healthy living in increasing community preparedness to face Covid-19), while the practice is to optimally practice clean and healthy living in everyday life. The supporting factor for the activity was the support from the Sawangan Village Head and the socialization participants, while the inhibiting factor for the activity was the limited time for the socialization. Service activities as a whole can be said to be quite good, seen from the success of the target number of socialization participants (90%), the achievement of the socialization goals (80%), the achievement of the planned material targets (90%), and the participants' ability to master the material (80%). Community service activities can increase knowledge from socialization participants about the importance of a clean and healthy life as an effort to combat the spread of covid-19.

Kata Kunci: socialization, clean and healthy life, covid-19