

# Optimizing the Role of Parents in Forming Resilient Children in the 5.0 Era

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## ABSTRACT

The family is the first person to provide education for children, so it is important to be able to adapt between technological advances and children's education. In the 5.0 era, most children are very familiar with mobile devices, in fact it seems they cannot be separated, including children in the Panjatan Kulonprogo sub-district. This service aims to optimize the role of parents in forming resilient children in the 5.0 era.

Community service in Panjatan Village is carried out using lecture and discussion methods. Participants in the Training on Optimizing the Role of Parents in Forming Resilient Children in the 5.0 Era involved 25 residents who had become parents appointed by the Head of Panjatan Village, Kulonprogo. The training was carried out at the Panjatan Village Hall with two meetings, namely May 21 2023 and September 8 2023. Evaluation was carried out by providing a questionnaire. Data analysis used pre post and Wilcoxon tests.

The implementation of the Training on Educating Strong Children in the R.I 5 era for mothers in sub-districts starting from March to September 2023 ran smoothly and was successfully attended by PKK mothers who were very enthusiastic and enthusiastic. Increasing the understanding of PKK mothers about building strong children, namely material A. 1) Understanding the Stages of Child Development, 2) Understanding the Role of Parents in the 5.0 era, B.1) Building Children's Self Confidence 2) Coordination, 3) Sense of Control, 4) Composure 5) Perseverance. This insight aims to be put into practice in educating children so that children can grow and develop optimally. Based on pre-post data analysis, the pre-post results were obtained from an average of 63.21 to an average of 76.78. In this way, it can be seen that there is an increase before training and after training. Meanwhile, based on the Wilcoxon Test results table above, it shows a significance value of  $<0.05$ , so the hypothesis is accepted. So there is a significant influence on the role of parents in forming resilient children before and after providing training. The suggestion in this activity is that because there are only a limited number of PKK mothers who are invited, it would be better for the PKK mothers to follow up by sharing knowledge with mothers who have not had the opportunity to participate and also gain knowledge so that children in the Panjatan sub-district become strong children.

Kata Kunci: *Parents, Children, Resilient*