DEVELOPMENT OF AQUATIC ACTIVITY MODEL TO INCREASE SKILL AND BEHAVIOR SKILLS CHARACTER ELEMENTARY SCHOOL

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ABSTRACT

The purpose of this research is to develop aquatic activity model that is useful for improving swimming skills as well as fostering behavior of student character. Specific objectives to be achieved: (1) Developing products in the form of aquatic activity manuals, (2) Conducting product trials, (3) Testing the effectiveness, efficiency, and attractiveness of the product. To achieve these targets, research is designed through research & development research in five phases. Research subjects for developing aquatic activity manuals are physical education specialists and aquatic learning specialists. The subjects of the test are elementary school students in Yogyakarta. Data analysis used descriptive statistics, t test, and variance analysis. The results showed that 33 structures of aquatic activity have been composed and character behaviors. The aquatic activity element contains: the name of the activity, image, purpose, equipment used, water depth, place settings, number of participants, implementation instructions, potential developed swimming skills, and character behavior.

Kata Kunci: aquatic activity, character behaviour, swimming