

# THE RELATIONSHIP BETWEEN SELF-CONCEPT OF INTERPERSONAL COMPETENCE ON ATHLETES IN PAF UNY WOMENS FUTSAL COMPETITION SUPER LEAGUE 2016

by Komarudin, Ali Satia Graha, Danardono

## ABSTRACT

An athlete is a social creature who will always be in touch with others, in order to establish effective interpersonal relationships needed interpersonal competence or ability to establish interpersonal relationships. This study aims to determine the relationship between self-concept and interpersonal competence in UNY PAF Athletes in Futsal Womens Super League competition in 2016.

This research method is quantitative study using self-concept scale and interpersonal competence scale developed by the researchers. The trial results showed self-concept scale consists of 28 item with  $\alpha = 0.9080$  and interpersonal competence scale consisting of 31 item with  $\alpha = 0.9074$ . Analysis of the data used is simple regression analysis. The hypothesis of this study is a positive relationship between self-concept and interpersonal competence in UNY PAF Athletes in Futsal Womens Super League competition in 2016. The more positive self-concept you have, the higher the interpersonal competencies that are owned, conversely the negative self-concept, then the lower the competence interpersonal owned. The subjects were 25 athletes in the competition PAF UNY Womens Futsal Super League in 2016.

The result showed that there is a significant relationship between self-concept and interpersonal competence Athletes PAF UNY ( $r_{xy} = 0.572$ ,  $p < 0.05$ ), which means that the hypothesis that there is a positive relationship between self-concept and interpersonal competence Athletes PAF UNY proven. The relationship shows that the higher self concept then the higher the interpersonal competence on PAF Athletes UNY, and vice versa. The effectiveness of self-concept toward interpersonal competence is 0.327, the figure implies that interpersonal competence Athletes UNY PAF as much as 32.7% is determined by the concept of self and the balance of 67.3% is determined other factors that are not disclosed in this study.

Kata Kunci: *self-concept, interpersonal competence and Athletes PAF UNY.*