

# TECHNICAL GUIDANCE FOR COACHES SPORTS CLUB PARTY PRIMARY AREA Yoyakarta

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## ABSTRACT

Destination activities in general are doing Tutoring Techniques For Trainers Sports Clubs Elementary School Special Region Yoyakarta. The specific objectives are: (1) Improving the understanding and skills trainers Sports Clubs Elementary DIY against science theory training, (2) increase the knowledge and skills of trainers Sports Clubs Elementary School DIY programming exercise, (3) increase the knowledge and ability to coach Clubs Primary School Sports DIY techniques for analyzing motion, (4) Improve the knowledge and ability to coach DIY Sports Clubs Elementary School in the treatment of sports injuries, and (5) Improving the knowledge and ability to coach DIY Sports Clubs Elementary School in the management of sports coaching. The results of the activities are as follows: (1) The activities take place smoothly without experiencing significant barriers; (2) The majority (85%) participants can understand and are very enthusiastic and can be implemented properly, and (3) The requests from participants to conduct advanced training. As a suggestion for action, including: (1) Event PPM followed up with the implementation of advanced training oriented scientific field exercise psychology, sports nutrition, and treatment of sports injuries and (2) the need for cooperation with Pengda / Pengprov sports on the implementation training (technical assistance).

Kata Kunci: *technical guidance, coaches, sports clubs elementary school*