

AQUATIC LEARNING TRAINING BASED ON THE 2013 CURRICULUM FOR PRIMARY SCHOOL TEACHERS IN SLEMAN DISTRICT

by Sridadi, A.M. Bandi Utama, Hedi Ardiyanto Hermawan

ABSTRACT

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Abstract

The PKM implementation procedure begins with a needs analysis related to the physical education learning process by carrying out steps to identify various problems that occur in elementary schools in Sleman Regency. The results of discussions carried out by the PKM FIKK UNY team together with the KKG in Kapanewon Pakem revealed various problems related to the Aquatics learning process both in terms of human resources and the facilities and infrastructure needed. As a result of the communication, an aquatic learning training was finally prepared aimed at PJOK SD teachers in Kapanewon Pakem and surrounding areas which was designed to be held on Wednesday and Thursday, 21-22 June 2023.

Aquatic learning training activities for PJOK teachers throughout Sleman Regency were held at Kapanewon Pakem for two days, Wednesday and Thursday, 21-22 June 2023. The training was attended by 30 PJOK teachers throughout Sleman Regency. The training place is at the Tirta Jaya Swimming Pool (practice) and for delivering theory at the Tirta Jaya Swimming Pool Hall. The first day is used to convey theoretical concepts. The material presented is related to elementary school physical education learning based on the 2013 curriculum, aquatic material in elementary schools and material related to aquatic learning. The second day is aquatic learning practice in the swimming pool with the presentation of material starting from the introduction of water, floating, sliding, leg movements, arm movements, breathing movements and a combination of leg, arm and breath movements which are presented in the form of play. The approach used uses discussion, demonstration and direct activities (practice).

Kata Kunci: Aquatic learning training, The 2013 Curriculum, Primary school teachers