

# EXPERIENCES OF STUDENTS WITH DISABILITIES IN LEARNING PHYSICAL EDUCATION INCLUSION IN THE SPECIAL REGION OF YOGYAKARTA

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## ABSTRACT

Inclusive education in Indonesia is regulated in National Education Minister Regulation No. 70/2009. The inclusive school policy provides changes to school management, including the process of physical education teaching and learning activities. This research aims to determine the experiences of students in the physical education learning process in inclusive classes. This research uses a qualitative methodology framework. This research uses semi-structured interviews. Three informants agreed to be data sources in this research. Data were analyzed using interactive data analysis techniques which consisted of several activities, namely data collection, data presentation, data reduction and verification or conclusions. This research reveals the conditions of adaptive physical education learning in inclusion classes based on students' experiences. It was described that 1) Participants felt comfortable participating in the learning process because the environment which included friends and teachers could accept the students' conditions. 2) The implementation of adaptive physical education learning did not involve much activity from students with special needs. This condition can be bridged by communication and equalizing perceptions at the beginning of the meeting regarding student needs and expected achievements. It is hoped that this communication can become the basis for a structured learning program. 3) The facilities used in the learning process have been adapted and modified by the teacher, but schools need to optimize the provision of supporting facilities for the physical education learning process for students with special needs. 4) there is no accompanying teacher during physical education lessons in inclusion classes. Accompanying teachers are important as a supporting force in physical education learning in inclusive classes. Accompanying teachers are needed for teachers to help with class management, so that students can get more attention in physical education activities.

Kata Kunci: *Experience, People with Disabilities, Physical Education, Inclusion, Special Region of Yogyakarta*